



# orthopedic ONE

## THERAPY SERVICES

As a continuation of therapy, your hand therapist may have discussed items that could be helpful in your treatment. These items are not covered by insurance or provided directly by Orthopedic One.

**Below are items commonly recommended by our Certified Hand and Occupational Therapists.**

To view an item, scan the QR code to open this resource online. From there, click on the logo below the image to be re-directed to the store's website.



Or, visit [orthopedicone.com/patient-education](http://orthopedicone.com/patient-education) and search Hand Therapy

Comfort Cool Thumb CMC Restriction Splint



Compression Gloves



Cotton Stockinette



Silipos Finger Sleeve



M Brace



Push MetaGrip Brace



Elevation Support



Shoulder Pulley



Mini Massager



Hot Pack



Kinesiology Tape



Adaptive Aids & Spring-Loaded Scissors



Flex Bar



Exercise Egg



Orthopedic One does not benefit from the purchase of these items and is not responsible for the quality or effectiveness.

[www.orthopedicONE.com](http://www.orthopedicONE.com)