



PRESENTS

## The Diagnosis and Treatment of Arthritic Joint Pain

Saturday, May 7, 2016  
Mount Carmel New Albany Education Center



## Overview Information



### LOCATION

Mount Carmel New Albany Education Center  
7277 Smith's Mill Road, Suite 120  
New Albany, Ohio 43054

### OBJECTIVES

The objective of this meeting is to provide education and information regarding how to diagnose the different forms of arthritis, the appropriate non-surgical treatments of arthritis, including injections, physical therapy and prescription medications, and when it is appropriate to refer to a specialist. Participants will also learn of the surgical treatment of arthritis, as well as rehab protocols surrounding hip, knee, and shoulder arthroplasty.

After participating in this activity, the attendees should be more confident in their ability to:

- *Confidently use updated rehab protocols surrounding hip, knee, and shoulder arthroplasty.*
- *Develop skills for non-surgical treatments, including injections, PT, and prescription medications.*
- *Describe new surgical treatments for arthritis.*
- *Discuss the appropriateness of non-surgical treatments of arthritis and when to refer to a specialist*

### ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Ohio State Medical Association (OSMA) and Orthopedic ONE. The OSMA is accredited by the ACCME to provide continuing medical education for physicians. The OSMA designates this live educational activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physical Therapy: This program is being reviewed for 6.0 hours of continuing education units by the Ohio Chapter of American Physical Therapy Association

This course has been approved under the Ohio State Chiropractic Board

### REGISTRATION

**Registration deadline is May 2, 2016**

To register online, visit Orthopedic ONE/Events and select "CME: The Diagnosis and Treatment of Arthritic Joint Pain".

Click the link to register online - You will be directed to an Ohio State Medical Association (OSMA) registration page as the OSMA is managing the registration for this meeting. Sign in or create an account to register, or click "forgot username or password" and search by your email address to request login information be sent via email.

Once logged in, click on "register myself." After you make payment, you will receive an email receipt.

You may also call the OSMA to register with a credit card at (614) 527-6762 or complete the attached registration form and mail or fax to:

Ohio State Medical Association / May 7 Orthopedic ONE  
PO Box 2091  
Mt Vernon, OH 43050-7291

*Please make checks payable to the Ohio State Medical Association*

*Fees:*

**Physicians.....\$95**  
**Non-Physicians.....\$65**

Questions regarding registration? Contact the Ohio State Medical Association at (614) 527-6762

Question regarding the education program? Contact Phillip Schultz, Orthopedic ONE at (740) 504-0554



# Program

## 7:30 am - 8:00 am Registration and Breakfast

**Time**      **Topic**

### MORNING LECTURES

8:00 – 8:05      Welcome & Introduction

#### Section 1: **Shoulder**

8:05 – 8:20      Differential Diagnosis: Shoulder Pathology

8:20 – 8:35      Differential Diagnosis - Spine

8:35 – 8:45      Non-Operative Management

8:45 – 8:55      Imaging

#### **Operative Management**

8:55 – 9:05      Scope Rotator Cuff Repair

9:05 – 9:20      Total Shoulder : Hemi vs. Full

9:20 – 9:30      Reverse Total Shoulder

9:30 – 9:45      Physical Therapy and Quality of Life

9:45 – 10:00      Discussion

### 10:00 – 10:15 Break

#### Section 2: **Knee**

10:15 – 10:25      Differential Diagnosis/Work-up

10:25 – 10:35      Non-Operative Management

10:35 – 10:45      Imaging

#### **Operative Management**

10:45 – 10:55      Knee Scope

10:55 – 11:05      Cartilage Restoration

11:05 – 11:20      Total Knee

11:20 – 11:30      UNI - Patellofemoral

11:30 – 11:40      Revision

11:40 – 11:55      Physical Therapy and Quality of Life

11:55 – 12:10      Discussion

### 12:10 – 12:40 Lunch

12:40 – 12:55      Rapid Recovery Advancements

### AFTERNOON LECTURES

#### Section 3: **Hip**

12:55 – 1:10      Differential Diagnosis : Hip Pathology/Work-up

1:10 – 1:20      Non-Operative Management

1:20 – 1:30      Imaging

#### **Operative Management**

1:30 – 1:40      FAI

1:40 – 1:50      Dysplasia

1:50 – 2:10      THA : Anterior Approach and Posterior Approach

2:10 – 2:20      Revisions

2:20 – 2:35      Physical Therapy and Quality of Life

2:35 – 2:50      Discussion

### 2:50 Meeting Adjourned

#### Speaker

Joel Politi, MD

John Johansen, MD

Milan Herceg, MD

Kenneth Westerheide, MD

Douglas Reader, MD

Jeffrey Backes, MD

Joseph Mileti, MD

James Latshaw, MD

Eric Lenko, MPT

All Faculty

Randall Wroble, MD

Randall Wroble, MD

Douglas Reader, MD

Peter Edwards, MD

Greg Bellisari, MD

Michael McShane, MD

Kurt Unverferth, MD

Vivek Sahai, MD

Terry McNelis, PT

All Faculty

Joel Politi, MD

Ty Fowler, MD

Brandon Thompson, MD

Douglas Reader, MD

Kenneth Westerheide, MD

Thomas Ellis, MD

Bryan Chambers, MD

Vivek Sahai, MD

Dave Kohlrieser PT

All Faculty

### SPEAKERS

Jeffrey Backes, MD

Orthopedic Surgeon

Orthopedic ONE

Greg Bellisari, MD

Orthopedic Surgeon

Orthopedic ONE

Bryan Chambers, MD

Orthopedic Surgeon

Orthopedic ONE

Peter Edwards, MD

Orthopedic Surgeon

Orthopedic ONE

Thomas Ellis, MD

Orthopedic Surgeon

Orthopedic ONE

Ty Fowler, MD

Orthopedic Surgeon

Orthopedic ONE

Milan Herceg, MD

Orthopedic Surgeon

Orthopedic ONE

John Johansen, MD

Orthopedic Surgeon

Orthopedic ONE

Dave Kohlrieser, PT

Physical Therapist

Orthopedic ONE

James Latshaw, MD

Orthopedic Surgeon

Orthopedic ONE

Eric Lenko, MPT

Physical Therapist

Orthopedic ONE

Terry McNelis, PT

Physical Therapist

Orthopedic ONE

Michael McShane, MD

Orthopedic Surgeon

Orthopedic ONE

Joseph Mileti, MD

Orthopedic Surgeon

Orthopedic ONE

Joel Politi, MD

Orthopedic Surgeon

Orthopedic ONE

Douglas Reader, MD

Radiologist

Riverside Radiology and Interventional Associates

Vivek Sahai, MD

Orthopedic Surgeon

Orthopedic ONE

Brandon Thompson, MD

Physical Medicine & Rehabilitation

Orthopedic ONE

Kurt Unverferth, MD

Orthopedic Surgeon

Orthopedic ONE

Kenneth Westerheide, MD

Orthopedic Surgeon

Orthopedic ONE

Randy Wroble, MD

Orthopedic Surgeon

Orthopedic ONE

### Planning Committee

Joel Politi, MD

Orthopedic Surgeon

Committee Chairman

Phillip Schultz

Physician Relations Manager

Orthopedic ONE

Karly Elliott

Director of Marketing

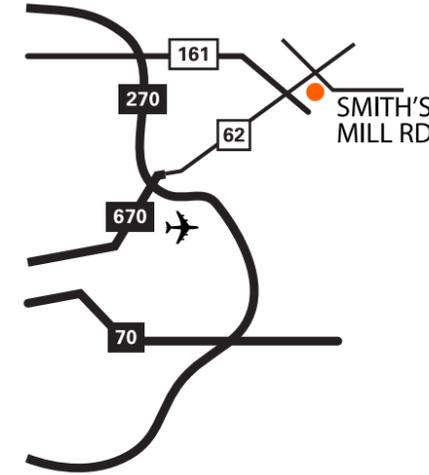
Orthopedic ONE

Geoff Omiatek, PT, AT, MS,SCS

Director of Therapy Services

Orthopedic ONE

### LOCATION



**Mount Carmel New Albany  
Education Center  
7277 Smith's Mill Road  
Suite 120  
New Albany, OH 43054**

Mount Carmel New Albany Education Center is located east of Columbus in New Albany.

- Take 270 to the northeast side of Columbus
- Exit at 161 east, headed toward New Albany
- Take 161 east approximately 5 miles
- Exit at the Johnstown Road/Highway 62 exit
- Turn left onto Johnstown Road
- Turn right onto Smith's Mill Road
- Mount Carmel New Albany Surgical Hospital is on the right side

### CANCELLATION & REFUND POLICY

Orthopedic ONE reserves the right to cancel or delay this course due to any unforeseen circumstances. In the event this meeting would have to be cancelled, Orthopedic ONE will refund your registration fee. We are not responsible for any travel, hotel or other costs incurred.

For additional information, contact:  
Phillip Schultz  
Orthopedic ONE  
Physician Relations Manager  
C: 740.504.0554  
pschultz@orthopedicone.com

## Registration & Fees

Name \_\_\_\_\_

Specialty \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Office Phone (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_

Payment  Check (make payable to: OSMA)

VISA  MasterCard  American Express

Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_

Name of Cardholder \_\_\_\_\_

Full Address of Cardholder \_\_\_\_\_

(If different from above)

Registration  
Physicians \$95  
Non-physicians \$65

Make checks payable to:  
Ohio State Medical Association

Mail this registration form  
and check to:

Ohio State Medical Association / May 7  
Orthopedic ONE  
PO Box 2091  
Mt Vernon, OH 43050-7291

Please circle one:

MD DO PA NP

RN PT Other

