

Orthopedic ONE, in Joint Providership with OhioĤealth Continuing Medical Education,

PRESENTS:

4th Annual

Soccer Sports Medicine Symposium

Saturday, September 26, 2015 Mapfre Stadium









LOCATION

Upper 90 Club Mafpre Stadium One Black & Gold Blvd. Columbus, OH 43211

OBJECTIVES

confident in their ability to:

- 1. Apply the most current knowledge of knee biologics and appropriate rehabilitation
- 2. Summarize management of sports hernia and athletic pubalgia injuries and the rehabilitation
- Assess concussion issues specific to soccer from baseline testing, on the field 3. management, rehabilitation, and return to sport
- 4. Summarize current updates on cardiac issues relating to soccer players

ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Ohio State Medical Association through joint providership of OhioHealth and Orthopedic ONE.

OhioHealth is accredited by the Ohio State Medical Association to provide continuing medical education (CME) for physicians. OhioHealth designates this live educational activity for a maximum of 6.5 AMA PRA Category 1 *Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physical Therapy: This program is being reviewed for 6.5 hours of continuing education units by the Ohio Chapter of American Physical Therapy Association.

NATA BOC: OhioHealth Sports Medicine are recognized by the Board of Certification, Inc. and approves this activity for 6.5 hours of continuing education credit.

First Class U. S. Postage PAID Columbus, OH Permit No. XXX

Overview Information

REGISTRATION

Registration deadline is September 20, 2015

To register online, visit Orthopedic ONE.com/Events and select "4th Annual Soccer Sports Medicine Symposium." A link to register via EventBrite will be embedded within the event page.

For ease of registration, we recommend registering online via the Orthopedic ONE website.

You may also complete the included paper registration form and return to Orthopedic ONE at 4945 Bradenton Ave. Dublin, OH 43017.

Fees: Physicians....\$150 Non-Physicians......\$100\$100 Retirees.....

OhioHealth Housestaff and Medical Students free of charge

DISCLOSURE

As an accredited CME provider, OhioHealth must insure balance, independence, objectivity, and scientific rigor in all educational activities they sponsor. Faculty and planners participating in sponsored activities must disclose any significant financial interests or other relationships. Any potential conflicts of interest will be resolved and revealed in the course syllabus.

The objectives are designed to provide the latest information regarding the prevention, recognition and treatment of athletic medical conditions as it pertains to the sport of soccer. This conference will focus on practical and clinically relevant information for participants to use in their daily practice. After participating in this activity, the attendees should be more



Program

7:30 am-8:00 am

Registration and Breakfast

MORNING LECTURES

Time Topic

8:00 - 8:05 Welcome & Introduction 8:05 - 8:35 Cardiac Updates 8:35 - 9:10 Concussion Updates 9:10 - 9:45 Concussion: On Field Management 9:25 - 9:45 SCAT 3/ Impact Testing 9:45 - 10:05 RT Soccer Protocol : Youth vs. Adult 10:05 - 10:35 Vestibular Testing Rehabilitation 10:35 - 11:05 Oculomotor Testing and Rehabilitation 11:05 - 11:15 Panel Discussion

11:15 - 11:30

11:30 - 12:10 Sports Hernia, Athletic Pubalgia 12:10 - 12:25 RTS: Athletic Pubalgia 12:25 - 12:30 Panel Discussion

12:30 - 1:00

AFTERNOON LECTURES

Time Topic

1:00 - 1:30 Nutrition/Hydration for the Soccer Athlete 1:30 - 1:50 Autologous Cartilage Implantation: ACI 1:50 - 2:10 DeNevo 2:30 - 2:50 Rehabilitation Post Biologics 2:50 - 3:00 Panel Discussion 3:00 - 3:20 Injury Prevention: FIFA 11+ 3:20 - 3:30 Closing Remarks

3:30

Break

Lunch

Meeting adjourned

John Leff, MD Amy Baer, PT, AT All Faculty

Speaker

Pete Edwards, MD

Anne Albers, MD, PhD, RVT, FACC, FASE, FAHA

Thomas Hospel, MD, MBA

Jon MacGrego, MS, ATC

Julie Meadows, MS, ATC

Julie Omiatek, OT, MS, CHT

Matt Brown, MS, AT

Craig Devine, PT, AT

All Faculty

Speaker

Dawn Holmes, MS, RD Pete Edwards, MD Jeff Backes, MD Geoff Omiatek, PT, AT, MS, SCS All Faculty Julie Meadows, MS, AT Pete Edwards, MD

SPEAKERS

Anne Albers, MD, PhD, RVT, FACC, FASE, FAHA Cardiologist OhioHealth Heart and Vascular Physicians

Jeff Backes, MD Orthopedic Surgeon Orthopedic ONE

Amy Baer, PT, AT Physical Therapist, Athletic Trainer Orthopedic ONE Therapy Services

Matt Brown, MS, AT Athletic Trainer Orthopedic ONE Therapy Services

Craig Devine, PT, AT Physical Therapist, Athletic Trainer Head Athletic Trainer Columbus Crew SC

Pete Edwards, MD Orthopedic Surgeon Head Team Physician, Columbus Crew SC Orthopedic ONE

Dawn Holmes, MS, RD Sports Dietician MAX Sports Medicine and Family Health

Thomas Hospel. MD, MBA Family/Sports Medicine Physician MAX Sports Medicine and Family Health

John Leff, MD Chairman Section, General Surgery Riverside Surgical Associates *Riverside Methodist Hospital*

Jon MacGrego, MS, ATC Athletic Trainer Assistant Athletic Trainer Columbus Crew SC

Julie Meadows, MS, AT Athletic Trainer Orthopedic ONE Therapy Services

Geoff Omiatek, PT, AT, MS, SCS Physical Therapist, Athletic Trainer Orthopedic ONE Therapy Services

Julie Omiatek, OT, MS, CHT Occupational Therapist, Certified Hand Therapist OSU Outpatient Rehabilitation

PLANNING COMMITTEE

Bill Davis OhioHealth Director of Sports Medicine OhioHealth

Pete Edwards Orthopedic Surgeon Head Team Physician, Columbus Crew SC Orthopedic ONE

Karly Elliott Director of Marketing Orthopedic ONE

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Geoff Omiatek, PT, AT, MS, SCS Director of Therapy Services Orthopedic ONE Therapy Services

Phillip Schultz Physician Relations Manaaer Orthopedic ONE Orthopedic ONE

Lexie Sines OhioHealth CME Program Manager OhioHealth

COMMERCIAL SUPPORT

Companies supporting this activity will be

recognized in the course syllabus

LOCATION



Upper 90 Club Mapfre Stadium One Black & Gold Blvd. **Columbus**, **OH** 43211

From Port Columbus Airport to Mapfre Stadium

- Exit the airport and follow signs to I-670
- Take I-670 West to I-71 North
- Follow I-71 North to 17th Ave, exit, 111
- Turn left onto E 17th Ave.
- Take slight right toward Black & Gold Blvd. Turn right toward Black & Gold Blvd.

Take first left onto Black & Gold Blvd.

CANCELLATION & REFUND POLICY

OhioHealth reserves the right to cancel or delay this course due to any unforeseen circumstances. In the event this meeting would have to be cancelled, Orthopedic ONE will refund your registration fee. We are not responsible for any travel, hotel or other costs incurred. If a participant cancels, refund of conference fee minus a 25% administrative charge will be made if written notice of cancellation is received no later than September 19, 2015. No refunds will be granted after September 19, 2015.

Inclement weather: If a participant is unable to attend due to inclement weather (Level 3), a refund of the registration fee minus a 25% administrative charge will be issued.

For questions regarding registration please contact: Phillip Schultz Orthopedic ONE Physician Relations Manager C: 740.504.0554 pschultz@orthopedicone.com

For guestions regarding CME please contact: Lexie Sines **OhioHealth Learning** CME Program Manager 0:614.533.6912 Lexie.sines@ohiohealth.com

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For upcoming CME events visit: www.ohiohealth.com/cmeactivity

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Address.		
City	State Zip	For ease or registration please register using our online method. Visit www.orthonadir.ONE.com/Events
Office Phone ()	Fax ()	Click on the 4th Annual Soccer Sports Madicine Symposium Then click on the
Emai		EventBrite link embedded on the page.
Payment	UISA 🗌 MasterCard 🗌 American Express	. On Mail this registration form and credit card info to:
Card Number	Exp. Date Security Code	Orthopedic ONE
Name of Cardholder		4945 Bradenton Ave Dublin, Ohio 43017
Full Address of Cardholder		Fax: (614) 827-8707
(If different from above)		Phone: (740) 504-0554 Please circle one:
*Pleace note - Check and cach navments cannot be accented for this event	accented for this event	MD RN PT AT Other