



PRESENTS
**Current Strategies
for Treatment
of Hip Pain**

Saturday, March 7, 2015
Mount Carmel New Albany Education Center



Overview Information



LOCATION

Mount Carmel New Albany Education Center
7277 Smith's Mill Road, New Albany, OH 43054

OBJECTIVES

The objective of this course is to present updated knowledge and treatment algorithms for specific conditions to help both the specialist and general providers of musculoskeletal conditions, to help treat their patients more effectively and efficiently.

After participating in this activity, the attendees should be more confident in their ability to:

1. Confidently use an algorithmic approach to the examination of FAI, lateral hip pain, trochanteric hip pain, athletic pubalgia, and hip dysplasia
2. Develop new techniques to identify and diagnose hip pain
3. Describe and compare radiographic techniques to assess hip pain
4. Discuss the appropriateness of either nonoperative treatment and correct timing for referral to a surgical specialist

ACCREDITATION

This activity has been planned and implemented in accordance with the Accreditation Council for Continuing Medical Education (ACCME) Essential Areas and Policies of continuing medical education through joint providership of the Ohio State Medical Association (OSMA) and Orthopedic ONE. The OSMA is accredited by the ACCME to provide continuing medical education for physicians.

The OSMA designates this live educational activity for a maximum of 5.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physical Therapy: This program is being reviewed for 5.5 hours of continuing education units by the Ohio Chapter of American Physical Therapy Association.

NATA BOC: Orthopedic ONE is pending approval by the Board of Certification, Inc.

REGISTRATION

Registration deadline is March 2, 2015

To register online, visit Orthopedic ONE/Events and select "Current Strategies for Treatment of Hip Pain" March 7, 2015. You will be directed to an Ohio State Medical Association (OSMA) registration page as the OSMA is managing the registration for this meeting. Sign in or create an account to register, or click "forgot username or password" and search by your email address to request login information sent via email. Once logged in, click on "register myself." After you make payment, you will receive an email receipt.

You may also call the OSMA to register with a credit card at (614) 527-6762 or complete the attached registration form and mail or fax to:

Ohio State Medical Association / March 7 Orthopedic ONE
Dept. 781483 / PO Box 78000
Detroit, MI 48278-1483
Fax: (614) 527-6763
Phone: (614) 527-6762

Please make checks payable to the Ohio State Medical Association

Fees:

Physicians.....\$95

Non-Physicians.....\$65

Questions regarding registration? Contact the Ohio State Medical Association at (614) 527-6762

Question regarding the education program? Contact Phillip Schultz, Orthopedic ONE at (740) 504-0554



Program

7:30 am-8:00 am Registration and Breakfast

MORNING LECTURES

Time	Topic	Speaker
8:00 – 8:05	Welcome & Introduction	Tom Ellis, MD
Section 1 : Hip Osteoarthritis/Trochanteric Pain/Piriformis Pain		
Non-Operative Management		
8:05 – 8:15	Radiology of Trochanteric Syndrome and Piriformis Syndrome	Douglas Reader, MD
8:15 – 8:30	Non-operative management of Piriformis Syndrome and SI dysfunction	Brandon Thompson, MD
8:30 – 8:40	Evaluation of low back pain in the young patient	Milan Herceg, MD
8:40 – 8:55	Rehab considerations for hip joint, posterior pain, and SI pain in the young patient	Rob Clark, PT, OCS
8:55 – 9:10	Discussion	All Faculty

Operative Management		
9:10 – 9:20	Surgical treatment for Trochanteric Bursitis and Piriformis Syndrome	Tom Ellis, MD
9:20 – 9:30	The role of injections in hip pain : Steroids, visco, PRP	Kelley Clem, MD
9:30 – 9:40	Rapid recovery protocol for joints	Vivek Sahai, MD
9:40 – 9:50	Surgical – Anterior THR	Ty Fowler, MD
9:50 – 10:05	Discussion	All Faculty

Section 2 : Hamstring/Rectus Injuries		
10:05 – 10:15	Radiology of hamstring and rectus injuries	Douglas Reader, MD
10:15 – 10:25	Management of hamstring injuries	Greg Bellisari, MD
10:25 – 10:35	Treatment considerations for rectus injuries	Pete Edwards, MD
10:35 – 10:50	PT pearls/pitfalls, hamstring and rectus tears	Amy Baer, PT, AT
10:50 – 11:05	Discussion	All Faculty

11:05 – 11:20 Break

Section 3 : Osteitis pubis/Sports Hernia/Adductor tears		
11:20 – 11:30	Radiology of sports hernias, osteitis pubis, and adductor injuries	Douglas Reader, MD
11:30 – 11:40	Non-Operative Management	Kelley Clem, MD
11:40 – 11:50	PT Pearls	Geoff Omiatek, PT, AT, MS, SCS
11:50 – 12:00	Surgical management of sports hernias	John Leff, MD
12:00 – 12:15	Discussion	All Faculty

12:15 – 1:00 Lunch

AFTERNOON LECTURES

Time	Topic	Speaker
Section 4 : Femoracetabular Impingement		
1:00 – 1:10	Radiology of FAI: X-Rays, MRI, CT Hip	Douglas Reader, MD
1:10 – 1:25	Evaluation and treatment of FAI	Ken Westerheide, MD
1:25 – 1:40	FAI rehab basics	Eric Lenko, MPT
1:40 – 1:55	Discussion	All Faculty
1:55 – 2:10	Hip Dysplasia : Diagnosis and treatment	Tom Ellis, MD
2:10 – 2:20	Role of joint laxity in management decisions	Tom Ellis, MD
2:20 – 2:30	Algorithm for evaluating hip pain	Ty Fowler, MD
2:30 – 2:45	Discussion	All Faculty

2:45 Meeting adjourned

SPEAKERS

Tom Ellis, MD
Orthopedic Surgeon
Orthopedic ONE

Douglas Reader, MD
Radiologist
Riverside Radiology and Interventional Assoc.

Brandon Thompson, MD
Physical Medicine & Rehabilitation
Orthopedic ONE

Milan Herceg, MD
Orthopedic Surgeon
Orthopedic ONE

Rob Clark, PT, OCS
Manager of Clinical Outcomes
Orthopedic ONE Therapy Services

Kelley Clem, MD
Primary Care, Sports Medicine
Orthopedic ONE

Vivek Sahai, MD
Orthopedic Surgeon
Orthopedic ONE

Ty Fowler, MD
Orthopedic Surgeon
Orthopedic ONE

Greg Bellisari, MD
Orthopedic Surgeon
Orthopedic ONE

Pete Edwards, MD
Orthopedic Surgeon
Orthopedic ONE

Amy Baer, PT, AT
Supervisor of Clinical Outcomes
Orthopedic ONE Therapy Services

Geoff Omiatek, PT, AT, MS, SCS
Director of Therapy Services
Orthopedic ONE Therapy Services

John Leff, MD
General Surgeon
Riverside Surgical Associates

Ken Westerheide, MD
Orthopedic Surgeon
Orthopedic ONE

Eric Lenko, MPT
Site Manager, Therapy Services
Orthopedic ONE Therapy Services

PLANNING COMMITTEE

Tom Ellis, MD
Orthopedic Surgeon
Orthopedic ONE

Phillip Schultz
Physician Relations Manager
Orthopedic ONE

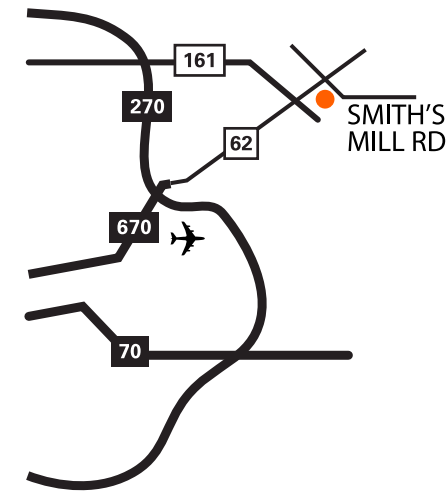
Karly Elliott
Community & Sports Relations Manager
Orthopedic ONE

Geoff Omiatek, PT, AT, MS, SCS
Director of Therapy Services
Orthopedic ONE Therapy Services

Julie Meadows, MS, AT
Office Manager, Therapy Services
Orthopedic ONE Therapy Services

Rob Clark, PT, OCS
Manager of Clinical Outcomes
Orthopedic ONE Therapy Services

LOCATION



Mount Carmel New Albany Education Center
7277 Smith's Mill Road
Suite 120
New Albany, OH 43054

Mount Carmel New Albany Education Center is located east of Columbus in New Albany.

- Take 270 to the northeast side of Columbus
- Exit at 161 east, headed toward New Albany
- Take 161 east approximately 5 miles
- Exit at the Johnstown Road/Highway 62 exit
- Turn left onto Johnstown Road
- Turn right onto Smith's Mill Road
- Mount Carmel New Albany Surgical Hospital is on the right side

CANCELLATION & REFUND POLICY

Orthopedic ONE reserves the right to cancel or delay this course due to any unforeseen circumstances. In the event this meeting would have to be cancelled, Orthopedic ONE will refund your registration fee. We are not responsible for any travel, hotel or other costs incurred.

Inclement weather: If a participant is unable to attend due to inclement weather (Level 3), a refund of the registration fee minus a 25% administrative charge will be issued.

For additional Information, contact:
Phillip Schultz
Orthopedic ONE
Physician Relations Manager
C: 740.504.0554
pschultz@orthopedicone.com

Registration & Fees

Name _____
 Specialty _____
 Address _____
 City _____ State _____ Zip _____
 Office Phone (____) _____ Fax (____) _____
 Email _____
 Payment Check (make payable to: OSMA) VISA MasterCard American Express
 Card Number _____ Exp. Date _____ Security Code _____
 Name of Cardholder _____
 Full Address of Cardholder _____
 (If different from above) _____

Registration \$95
 Physicians \$65
 Non-physicians \$65
 Make checks payable to:
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 Mail this registration form and check to:
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 Dept. 781483 / PO Box 78000
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 Fax: (614) 527-6763
 Phone: (614) 527-6762
 Please circle one: MD RN PT AT Other

