



PRESENTS  
**Current Strategies  
for Treatment  
of Hip Pain**

Saturday, March 7, 2015  
Mount Carmel New Albany Education Center



## Overview Information



### LOCATION

Mount Carmel New Albany Education Center  
7277 Smith's Mill Road, New Albany, OH 43054

### OBJECTIVES

The objective of this course is to present updated knowledge and treatment algorithms for specific conditions to help both the specialist and general providers of musculoskeletal conditions, to help treat their patients more effectively and efficiently.

After participating in this activity, the attendees should be more confident in their ability to:

1. Confidently use an algorithmic approach to the examination of FAI, lateral hip pain, trochanteric hip pain, athletic pubalgia, and hip dysplasia
2. Develop new techniques to identify and diagnose hip pain
3. Describe and compare radiographic techniques to assess hip pain
4. Discuss the appropriateness of either nonoperative treatment and correct timing for referral to a surgical specialist

### ACCREDITATION

This activity has been planned and implemented in accordance with the Accreditation Council for Continuing Medical Education (ACCME) Essential Areas and Policies of continuing medical education through joint providership of the Ohio State Medical Association (OSMA) and Orthopedic ONE. The OSMA is accredited by the ACCME to provide continuing medical education for physicians.

The OSMA designates this live educational activity for a maximum of 5.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physical Therapy: The Ohio Physical Therapy Association (OPTA) has approved this course for 6 hours of continuing education credit.

NATA BOC: Orthopedic ONE is recognized by the Board of Certification, Inc. and approved this activity for 5.5 hours of continuing education credit. Difficulty level: Advanced

### REGISTRATION

**Registration deadline is March 2, 2015**

To register online, visit Orthopedic ONE/Events and select "Current Strategies for Treatment of Hip Pain" March 7, 2015. You will be directed to an Ohio State Medical Association (OSMA) registration page as the OSMA is managing the registration for this meeting. Sign in or create an account to register, or click "forgot username or password" and search by your email address to request login information sent via email. Once logged in, click on "register myself." After you make payment, you will receive an email receipt.

You may also call the OSMA to register with a credit card at (614) 527-6762 or complete the attached registration form and mail or fax to:

Ohio State Medical Association / March 7 Orthopedic ONE  
Dept. 781483 / PO Box 78000  
Detroit, MI 48278-1483  
Fax: (614) 527-6763  
Phone: (614) 527-6762

*Please make checks payable to the Ohio State Medical Association*

*Fees:*

**Physicians.....\$95**  
**Non-Physicians.....\$65**

Questions regarding registration? Contact the Ohio State Medical Association at (614) 527-6762

Question regarding the education program? Contact Phillip Schultz, Orthopedic ONE at (740) 504-0554



# Program

**7:30 am-8:00 am Registration and Breakfast**

## MORNING LECTURES

Time	Topic	Speaker
8:00 – 8:05	Welcome & Introduction	Tom Ellis, MD
<b>Section 1: Hip Osteoarthritis/Trochanteric Pain/Piriformis Pain</b>		
<b>Non-Operative Management</b>		
8:05 – 8:15	Radiology of Trochanteric Syndrome and Piriformis Syndrome	Douglas Reader, MD
8:15 – 8:30	Non-operative management of Piriformis Syndrome and SI dysfunction	Brandon Thompson, MD
8:30 – 8:40	Evaluation of low back pain in the young patient	Milan Herceg, MD
8:40 – 8:55	Rehab considerations for hip joint, posterior pain, and SI pain in the young patient	Rob Clark, PT, OCS
8:55 – 9:10	Discussion	All Faculty

<b>Operative Management</b>		
9:10 – 9:20	Surgical treatment for Trochanteric Bursitis and Piriformis Syndrome	Tom Ellis, MD
9:20 – 9:30	The role of injections in hip pain : Steroids, visco, PRP	Kelley Clem, MD
9:30 – 9:40	Rapid recovery protocol for joints	Vivek Sahai, MD
9:40 – 9:50	Surgical – Anterior THR	Ty Fowler, MD
9:50 – 10:05	Discussion	All Faculty

<b>Section 2: Hamstring/Rectus Injuries</b>		
10:05 – 10:15	Radiology of hamstring and rectus injuries	Douglas Reader, MD
10:15 – 10:25	Management of hamstring injuries	Greg Bellisari, MD
10:25 – 10:35	Treatment considerations for rectus injuries	Pete Edwards, MD
10:35 – 10:50	PT pearls/pitfalls, hamstring and rectus tears	Amy Baer, PT, AT
10:50 – 11:05	Discussion	All Faculty

**11:05 – 11:20 Break**

<b>Section 3: Osteitis pubis/Sports Hernia/Adductor tears</b>		
11:20 – 11:30	Radiology of sports hernias, osteitis pubis, and adductor injuries	Douglas Reader, MD
11:30 – 11:40	Non-Operative Management	Kelley Clem, MD
11:40 – 11:50	PT Pearls	Geoff Omiatek, PT, AT, MS, SCS
11:50 – 12:00	Surgical management of sports hernias	John Leff, MD
12:00 – 12:15	Discussion	All Faculty

**12:15 – 1:00 Lunch**

## AFTERNOON LECTURES

Time	Topic	Speaker
<b>Section 4: Femoracetabular Impingement</b>		
1:00 – 1:10	Radiology of FAI: X-Rays, MRI, CT Hip	Douglas Reader, MD
1:10 – 1:25	Evaluation and treatment of FAI	Ken Westerheide, MD
1:25 – 1:40	FAI rehab basics	Eric Lenko, MPT
1:40 – 1:55	Discussion	All Faculty
1:55 – 2:10	Hip Dysplasia : Diagnosis and treatment	Tom Ellis, MD
2:10 – 2:20	Role of joint laxity in management decisions	Tom Ellis, MD
2:20 – 2:30	Algorithm for evaluating hip pain	Ty Fowler, MD
2:30 – 2:45	Discussion	All Faculty

**2:45 Meeting adjourned**

## SPEAKERS

Tom Ellis, MD  
*Orthopedic Surgeon*  
*Orthopedic ONE*

Douglas Reader, MD  
*Radiologist*  
*Riverside Radiology and Interventional Assoc.*

Brandon Thompson, MD  
*Physical Medicine & Rehabilitation*  
*Orthopedic ONE*

Milan Herceg, MD  
*Orthopedic Surgeon*  
*Orthopedic ONE*

Rob Clark, PT, OCS  
*Manager of Clinical Outcomes*  
*Orthopedic ONE Therapy Services*

Kelley Clem, MD  
*Primary Care, Sports Medicine*  
*Orthopedic ONE*

Vivek Sahai, MD  
*Orthopedic Surgeon*  
*Orthopedic ONE*

Ty Fowler, MD  
*Orthopedic Surgeon*  
*Orthopedic ONE*

Greg Bellisari, MD  
*Orthopedic Surgeon*  
*Orthopedic ONE*

Pete Edwards, MD  
*Orthopedic Surgeon*  
*Orthopedic ONE*

Amy Baer, PT, AT  
*Supervisor of Clinical Outcomes*  
*Orthopedic ONE Therapy Services*

Geoff Omiatek, PT, AT, MS, SCS  
*Director of Therapy Services*  
*Orthopedic ONE Therapy Services*

John Leff, MD  
*General Surgeon*  
*Riverside Surgical Associates*

Ken Westerheide, MD  
*Orthopedic Surgeon*  
*Orthopedic ONE*

Eric Lenko, MPT  
*Site Manager, Therapy Services*  
*Orthopedic ONE Therapy Services*

## PLANNING COMMITTEE

Tom Ellis, MD  
*Orthopedic Surgeon*  
*Orthopedic ONE*

Phillip Schultz  
*Physician Relations Manager*  
*Orthopedic ONE*

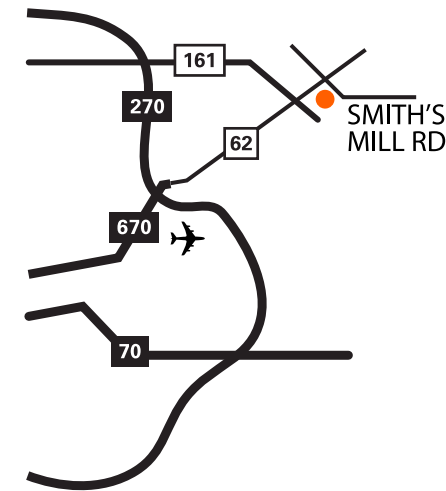
Karly Elliott  
*Community & Sports Relations Manager*  
*Orthopedic ONE*

Geoff Omiatek, PT, AT, MS, SCS  
*Director of Therapy Services*  
*Orthopedic ONE Therapy Services*

Julie Meadows, MS, AT  
*Office Manager, Therapy Services*  
*Orthopedic ONE Therapy Services*

Rob Clark, PT, OCS  
*Manager of Clinical Outcomes*  
*Orthopedic ONE Therapy Services*

## LOCATION



**Mount Carmel New Albany Education Center**  
**7277 Smith's Mill Road**  
**Suite 120**  
**New Albany, OH 43054**

Mount Carmel New Albany Education Center is located east of Columbus in New Albany.

- Take 270 to the northeast side of Columbus
- Exit at 161 east, headed toward New Albany
- Take 161 east approximately 5 miles
- Exit at the Johnstown Road/Highway 62 exit
- Turn left onto Johnstown Road
- Turn right onto Smith's Mill Road
- Mount Carmel New Albany Surgical Hospital is on the right side

## CANCELLATION & REFUND POLICY

Orthopedic ONE reserves the right to cancel or delay this course due to any unforeseen circumstances. In the event this meeting would have to be cancelled, Orthopedic ONE will refund your registration fee. We are not responsible for any travel, hotel or other costs incurred.

Inclement weather: If a participant is unable to attend due to inclement weather (Level 3), a refund of the registration fee minus a 25% administrative charge will be issued.

For additional Information, contact:  
Phillip Schultz  
Orthopedic ONE  
Physician Relations Manager  
C: 740.504.0554  
pschultz@orthopedicone.com

## Registration & Fees

Name \_\_\_\_\_  
 Specialty \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Office Phone (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_  
 Email \_\_\_\_\_  
 Payment  Check (make payable to: OSMA)  VISA  MasterCard  American Express  
 Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_  
 Name of Cardholder \_\_\_\_\_  
 Full Address of Cardholder \_\_\_\_\_  
 (If different from above) \_\_\_\_\_

Registration \$95  
 Physicians \$65  
 Non-physicians \$65  
 Make checks payable to:  
 Ohio State Medical Association  
 Mail this registration form and check to:  
 Ohio State Medical Association /  
 March 7 Orthopedic ONE  
 Dept. 781483 / PO Box 78000  
 Detroit, MI 48278-1483  
 Fax: (614) 527-6763  
 Phone: (614) 527-6762  
 Please circle one: MD RN PT AT Other

